

# Who can join a Parish Family Group?

ANYONE! Old, Young, Catholic or not, Married, Single, Widowed or Divorced - EVERYONE!

Parish Family Groups do not replace existing friendship groups. They add a new dimension to parish life which allows non-Catholic partners, 'inactive' Catholics and those who do not feel they truly "belong", to become a part of our parish community. Parish Family Groups provide a non-threatening atmosphere, so this can happen in a gentle way. There is no catch, it's just doing what the church should do...or being what the church should be.

### How much does it cost?

Parish Family Groups strive to meet 'heart' needs, rather than 'head' needs, and all Parish Family Group activities are aimed at 'no cost' or 'low cost', so that everyone can be included. Think about joining and tell your friends.

#### **Proposed schedule**

- 10th & 11th March
   Lizzie Wakeling, Parish
   Family Groups Project
   Officer will speak at all masses
- Saturday 21st April
   Parish Family Groups
   Launch Session will be held in the Church Hall
   after 6 o'clock Mass

## "A Family For All"

#### "It takes a whole village to raise a child" African Proverb

The motto of Parish Family Groups is

#### A FAMILY FOR ALL

It provides opportunities for individuals and families to belong to a small network who gather regularly for various outings. As you get to know one another, your 'Family' is able to offer practical Christian care and support, 'In good times and in bad'.



Picture Courtesy St Mary's Parish, Ipswich

## Do I have to be Holy?

You just have to be yourself. Many nonchurch attendees have found belonging to a Parish Family Group is a great way to become involved in the faith life of their family. Groups provide a non-threatening environment for non-church going partners and friends.

## What can I give to a Parish Family Group?

Yourself! You can give your friendship, support and time to other members of your group. You just have to be yourself. You can sit down and talk, share and listen to others. What you do doesn't really matter. It is you that matters. As with your own family, sometimes you need to make an extra effort. You might not feel like participating but you might just be what someone else needs.



The Arundel & Brighton Diocesan Trust is a Registered Charity No. 252878

#### Where does it come from?

The Family Groups Movement was first identified as a valuable resource for parish community building during the Listening 2004 consultation. In 2007 the Bishops' Conference's Marriage & Family Life Project Office invited Fr Peter McGrath to help launch several Family Group parish pilots. Family Groups are now running in 17 parishes across England and Wales. The Groups, established between 2007 and 2017, span the dioceses of Cardiff, East Anglia, Liverpool, Nottingham, Salford, Shrewsbury, Southwark and Westminster as well as Arundel and Brighton. A National Steering Group was confor the Movement in England and Wales and to support and promote the development of new Parish Family Group pilots. The Steering Group is run by the Family Groups and supported by regional FAMILIAS (Association for Catholic

Diocesan Marriage and Family Life Ministry) representatives and a Chaplain.



The Family Group parishes use their dedicated blog Family Groups in England and Wales as an online platform for sharing news, pictures, ideas and inspiration. <a href="http://">http://</a>

#### FOR MORE INFORMATION CONTACT

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